

Stacey L (Steinberg) Nye, Ph.D., FAED

Education

- **PhD** - Clinical Psychology
Northwestern University Medical School 1986-1991
Chicago, IL
- **BA** - Liberal Arts/Psychology
University of Illinois 1980-1984
Champaign, IL

Professional Experience

- **Owner, Nye Psychotherapy** March 2018-Present
Mequon, WI
Private practice specializing in eating disorders, body image, women's issues, depression and anxiety. Offering psychotherapy, training, consultation, public speaking.
- **Psychology Clinic Director** June 2016-Present
University of Wisconsin, Milwaukee
Milwaukee, WI
Oversee all aspects of the functioning of the UWM Psychology Clinic, which is a research and training clinic serving UWM students and the Milwaukee community, including monitoring clinic policies and procedures and providing clinical supervision for graduate students in the Clinical Psychology PhD program.
- **Clinical Psychologist** 1996-2018
North Shore Center, LLC
Mequon, WI
Individual, family and group psychotherapy in private practice specializing in eating disorders, body image, women's issues, depression and anxiety.
- **Speaker** May-June 2016
Cross Country Education
Live seminars providing continuing education for health care professionals.
- **Editorial Board** 2009-2016
Eating Disorders: Journal of Treatment and Prevention
Taylor and Francis, Publishers
Read and review articles related to eating disorders treatment for publication in international journal.
- **Blog Committee Member** 2013-2015
ASDAH, Association for Size and Health Diversity
Coordinate and manage the weekly Health At Every Size® posts at <http://healthateverysizeblog.org>, including scheduling, editing,

and guest blogging.

- **Practicum Supervisor** 2011-2013
Concordia University Wisconsin
Mequon, WI
University liaison for psychology graduate students on their practicum. Oversaw practicum experience, professional and clinical supervision, graded papers.
- **Clinical Psychologist** 2009-2013
American Behavioral Clinics
Elm Grove, Mequon WI
Individual, family and group psychotherapy in private practice specializing in eating disorders, body image, women's issues, depression and anxiety.
- **Eating Disorder Trainer** 2008-2010
Rogers Memorial Hospital
Oconomowoc, WI
Developed training manual and program for eating disorder staff on residential, inpatient and partial hospital programs.
- **Faculty Instructor**
Wisconsin School of Professional Psychology 2007-2009
Milwaukee, WI
Taught graduate-level courses on the diagnosis, etiology and treatment of eating disorders; existential psychotherapy.
- **Graduate Student Supervisor** 2001-2008
Supervision of Clinical Psychology doctoral candidate. Individual, couple's and family therapy for ethnically diverse patients with eating disorders, depression, anxiety and personality issues.
- **Clinical Staff Psychologist**
St. Mary's Hospital 1997-1999
Milwaukee, WI
Individual and group psychotherapy in hospital-based outpatient Eating Disorders clinic.
- **Associate Program Manager**
Elmcrest Psychiatric Institute 1993-1995
Portland, CT
Inpatient and partial hospital case management. Outpatient individual, group and family therapy for eating disorders. Consultations, evaluations, research, quality assurance, supervision.
- **Post Doctoral Fellow**
Institute of Living 1992-1993
Hartford, CT
Inpatient and partial hospital case management. Outpatient individual, group and family therapy for eating disorders.
- **Clinical Intern**

Payne Whitney Clinic

1990-1992

New York Hospital/Cornell Medical Center

New York, NY

Inpatient case management, outpatient individual and group therapy with children, adolescents and adults. Psychological and neuropsychological testing.

- **Jacobs, J & Nye, S** (Section Editors). (2010). **The Therapist's Appearance and Recovery: Perspectives on Treatment, Supervision, and Ethical Implications.** *Journal of Eating Disorders Treatment and Prevention*, 18, 165-175.

- **Johnson, C, Tobin, D & Steinberg, S.** (1988/89). **Etiological, Developmental and Treatment Considerations for Bulimia.** *Journal of College Student Psychotherapy*, 3 (2/3/4), 57-73.

- **Johnson, C, Steinberg, S & Lewis, C.** (1988). **Bulimia.** In K. Clark, R. Parr, & W. Castelli (Eds). *Evaluation and Management of Eating Disorders* (pp.187-227). Champaign: Life Enhancement Publications.

- **Nye, S.** (2009). [Review of the book *The Muscular Ideal*]. *Journal of Eating Disorders Treatment and Prevention*, 17 (1), 95-96.

- **Nye, S.** (2008). **Tragic Optimism and the Search for Meaning: Enhancing Recovery in Psychotherapy.** *Journal of Eating Disorders Treatment and Prevention*, 16, 358-361.

- **Nye, S.** (2007). **Fellows in Profile.** *AED Forum*, 15 (3).

- **Nye, S & Cash, T.** (2006). **Outcomes of Manualized Cognitive-Behavioral Body Image Therapy with Eating Disordered Women Treated in a Private Clinical Practice.** *Journal of Eating Disorders Treatment and Prevention*, 14, 31-40.

- **Nye, S.** (2003). **Healing Through Connection: Self-Disclosure in Psychotherapy.** *Journal of Eating Disorders Treatment and Prevention*, 11, 235-240.

- **Nye, S & Johnson, C.** (1999). **Eating Disorders.** In S.P. Netherton, D, Holmes, & C.E. Walker (Eds.), *Child and Adolescent Psychological Disorders* (pp. 397-414). New York: Oxford University Press.

- **Nye, S, Hurt, S, Severino, S & Shangold, G.** (1992). **Characterizing Women who seek treatment for Late Luteal Phase Dysphoric Disorder (LLPDD).** *Journal of Women's Health*, 1 (4), 301-305.

- **Steinberg, S, Tobin, D, & Johnson, C** (1990). **The role of bulimic behaviors in affect regulation: Different functions for different patient subgroups?** *International Journal of Eating Disorders*, 9, 51-55.

Professional Presentations

- **"Weighty Matters: The Health at Every Size Approach for Eating and Weight Disorders"**, Cross County Education, 6 separate talks around US, May, 2016.

- **"Weighty Matters"** (with Laura Lees, PsyD). **Wisconsin Psychological Association Annual Convention**, Madison, WI 2015.

- **"Investigated by the State"** (with Laura Lees, PsyD). **Wisconsin Psychological Association Annual Convention**, Madison, WI 2012.

- **"Eating Disorders"**. **Cardinal Stritch University**, Milwaukee,

WI, 2012.

- **“Treating Eating Problems with an Intuitive Eating/Health at Every Size Approach”.** Children’s Hospital of Wisconsin, Milwaukee, WI, 2007.
- ***The Meaning of Symptoms in Recovery: Exploring “Crisis is Opportunity” to Maximize Change.*** The International Association of Eating Disorders Professionals Foundation (iaedp), Chicago, IL, 2006
- ***The Meaning of Symptoms in Recovery: Exploring “Crisis as Opportunity” to Maximize Change.*** Wisconsin Psychological Association, Madison, WI, 2006.
- ***Healing Through Connection.*** Renfrew Center Foundation, Philadelphia, PA, 2003
- ***Group Treatment of Body Image.*** Laureate Psychiatric Clinic, Tulsa, OK, 2003.
- ***Body Image.*** Mount Mary College, Milwaukee, WI, 2003
- ***Group Treatment of Body Image.*** Renfrew Center Foundation, Philadelphia, PA, 2002
- ***Eating Disorders.*** Mapledale-Indian Hill School District, Fox Point, WI, 2000.
- ***Eating Disorders.*** Whitefish Bay High School, Whitefish Bay, WI, 1999.
- ***Live Without Dieting.*** Wisconsin Society of Radiological Technologists, Milwaukee, WI, 1998.
- ***The Prevention and Identification of Eating Disorders.*** Archdiocese of Milwaukee, Milwaukee, WI, 1998.
- ***Eating Disorders.*** St. Mary’s Hospital, Milwaukee, WI, 1996.
- ***Family Treatment with patients with eating disorders.*** Institute of Living, Hartford, CT, 1993

Non-Professional Publications

- **Nye, S** (2015). I am no Shadow. *Health at Every Size Blog.*
- **Nye, S** (2015). The Pool Party. *Health at Every Size Blog.*
- **Nye, S** (2014). If You Don’t Eat Wheat, Then Why Aren’t You Thin? *Health at Every Size Blog.*
- **Nye, S.** (2007). Shopping Therapy. *Wisconsin Jewish Chronicle*, September
- **Nye, S.** (2006). The Dangers of Living in a Safe House. *Wisconsin Jewish Chronicle*, September.
- **Nye, S.** (2005). Fat is Not a Feeling. *Wisconsin Jewish Chronicle*, September.
- **Nye, S.** (2002). Saving Our Daughters. *Wisconsin Jewish Chronicle*, December.
- **Nye, S.** (2001). Ditch the New Year’s Resolution to Lose Weight. Lose Your Negative Body Image Instead. *Wisconsin Jewish Chronicle*, January.
- **Nye, S.** (2000). Exercise Resistance. *Wisconsin Jewish Chronicle*, January.
- **Nye, S.** (1999). Zaftig Women in a Barbie Doll World. *Wiselives Newsletter*, February
- **Nye, S.** (1999). Intuitive Eating. *Wisconsin Jewish Chronicle*,

October.

- **Nye, S.** (1999). Raising Your Awareness About Eating Disorders. *Healthwise Magazine*, February
- **Nye, S.** (1997). Live without Dieting. *Healthwise Magazine*, February.

Non-Professional Presentations

- ***Fostering a Positive Body Image.*** North Shore Center, LLC. Mequon, WI 2013.
- ***Throwing Away the Dieting Myths.*** Cardinal Stritch University. Milwaukee, WI. 2013
- ***Intuitive Eating.*** North Shore Center, Mequon, WI. 2007.
- ***Bodylove: How to Stop Criticizing and Start Appreciating Your Body.*** Milwaukee School of Engineering (MSOE), Milwaukee, WI, 2007.
- ***Bodylove: How to Stop Criticizing and Start Appreciating Your Body.*** Beth El Ner Tamid Synagogue Sisterhood, Mequon, WI 2006.
- ***Identifying and Preventing Eating Disorders.*** Jewish Community Mental Health Education Project, Mequon, WI, 2006.
- ***Fostering a Positive Body Image.*** Ozaukee Family Services, Grafton, WI, 2006.
- ***Throwing Away the Dieting Myths.*** University School of Milwaukee, Mequon WI, 2005.
- ***Identifying and Healing Disconnected Eating.*** Heartland Spa, Gilman IL, 2004.
- ***Eating disorders, body image, and general psychological issues.*** Regular guest speaker for Fox TV News, Milwaukee Wisconsin, 1997- Present.
- ***Body Image.*** Heartland Spa, Gilman IL, 2003.
- ***Eating Disorders.*** Wisconsin Jewish Day School, Milwaukee, WI, 2002.
- ***Body Image for Adolescents.*** Jewish Community Center, Milwaukee, WI, 2002.
- ***Body Image in Children.*** Beth El Ner Tamid Synagogue, Mequon, WI. 2002
- ***Intuitive Eating.*** Jewish Community Center, Milwaukee, WI. 2001
- ***Eating Disorders.*** Mequon-Thiensville School District, Mequon, WI. 2000.
- ***Eating Disorders.*** Kohler High School, Kohler, WI, 1999.
- ***The Value of Friendship in Intimate and Non-intimate Relationships.*** Jewish Community Center, Milwaukee, WI, 1997.

Professional Memberships

- American Psychological Association
- Academy for Eating Disorders
- Wisconsin Psychological Association
- Wisconsin Psychoanalytic Society

Accreditations

- WI state license #1953

Awards Received

- Founding Fellow, Academy for Eating Disorders (FAED), 2001
- Outstanding Young Woman of America, 1997